

**JUNE 2020**

**Some things you may never again see in restaurants:**

**EAT THIS, NOT THAT!**

<https://www.msn.com/en-us/foodanddrink/restaurantsandnews/5-things-in-restaurants-youll-never-see-again/ss-BB13eoV2?ocid=spartandhp>

1. Preset table settings
2. Unwrapped straws
3. Menus that are not paper or easily cleanable
4. Salad bars
5. Lemons and Limes at drink stations
6. Self-serve kiosks in fast food places
7. Sauce/catsup dispensers in fast food places
8. Napkin dispensers on the table

**Some good cooking tips in Coronavirus times**

Cooking at home has become the norm for most of us during COVID-19 living. Trips to the grocery store have been less often than usual and sometimes certain items have been more difficult to acquire. Here are a few substitutions from Bren Herrera (chef and TV host) for some items we use or enjoy:

**BBQ sauce-** use  $\frac{3}{4}$  cup ketchup, 2 tbsp mustard and 2 tbsp brown sugar

**Breadcrumbs:** use crushed crackers or nuts

**Buttermilk:** 1 tbsp lemon juice or vinegar to 1 cup milk. Let stand 5 minutes before using.

**Cornstarch for thickening:** 2 tbsp flour for each 1 tbsp cornstarch called for

**Egg for baking:**  $\frac{1}{4}$  cup applesauce.

**Flour (self-rising):** 1 cup all-purpose flour, 1  $\frac{1}{2}$  tsp. baking powder,  $\frac{1}{2}$  tsp salt

**Clove of fresh garlic:** use equal amounts of fresh onion or  $\frac{1}{8}$  tsp garlic powder.

**Peanut butter:** add any nuts you have and a little oil to the food processor and blend until you have nut butter.

**Sour cream:** use plain yogurt

**Wine (red):** use equal amount of grape juice or cranberry juice.

**Wine (white)** use equal amount of apple juice or white grape juice.

**FROM OUR GRADUATES**

**Betty Luedeker Gatlin:** "What a fun life Judith has had!"

**Jerry Bridges:** The stories of other graduates are so interesting and moving. I am glad I was a member of this graduating class.

**Karon Shinault Jackson:** It was fun to read about what other folks were doing during our "sheltering in place time" so far. I also enjoyed Judith Hamff Murphy's recounting of her life's journey after high school. She has been several places that I haven't been and I'm feeling the draw of wanderlust!

**Ambrosio Silva:** Has a new email address- Please make a note of it in your directory:  
[sambrosio194@gmail.com](mailto:sambrosio194@gmail.com)

## **MORE from graduates on "Living Life" in the CORONAVIRUS situation:**

**Charlotte Suttle Kleibrink:** I am doing fine. Just trying to stay away from the Corona Virus.

**Crozier Brown:** Things seem to be opening albeit slowly. But, I'm thinking it may be the first of June before I feel semi-comfortable in going places. Traffic has increased markedly in our area over the last few days. Obviously, people are trying to return to some degree of normality.

**Karon Shinault Jackson:** I had an appointment with Dr. Martindale on April 1st, as I needed my prescriptions renewed for the next year and for that I had to have a blood test. On April 6th, he announced that he had Covid 19. Most of my family was in danger if I had contracted the virus from my doctor. I went into quarantine until April 16th, and I had no semblance of any symptoms of the virus. Thank you, Lord.  
I am working on the last eleven blocks out of a total of 101 blocks for the sashings and borders of my youngest grandson's quilt. With luck, I'll get to start putting the quilt together next week (May 10-15)!

**Russell Keeling:** Lloy & I continue to handle everything OK, and I'm learning how to get safely back into & out of stores, when I need. Surely need a haircut though! I can almost brush in a "duck tail". We've had some good sun this week, and on Tuesday the solar panels pushed the pool temp up to 85\*-86\*. Splashing around is a great way to spend time! Reminds me of the Fish Pond in a way. Now we don't have to spend so much time on Mexican Train! We sit on the front porch for Happy Hour and chat with all the folks (& their dogs) walking by.

**Douglas Crook** (Germany): **We have reached the top of the curve here...now the governmental authorities are slowly easing the restrictions.**

## **UPDATES:**

**Nena Hunt Wallace** had an Aortic valve replacement in Austin on May 12. Doctor Faraz Kerendi performed a mini Sternotomy. Nena said Dr. Kerendi is "a very nice, quiet guy originally from California". Nena had specifically requested that nothing of her surgery be posted until after the fact. The surgery went well and Nena is doing very nicely. She is doing so well that when she was released from the hospital, she went straight home instead of to a rehab facility. She is having occupational and physical therapy at home. (finished her PT May 29)

### **Contact info:**

2000 Spring Valley Rd  
Lorena, TX 76655

**Cynthia Kirkland Mazza** reports: "Still fighting on this cancer journey but feel blessed with love and prayers. I have been having to receive weekly platelets and blood because of chemo treatments. Tell everyone hello. Keep prayers and love comin."



### **Contact info:**

116 Hampton Ridge  
Madison, MS 39110

**Phyllis Brooks:** Phyllis Brooks needs our prayers. She is having CT scan June 2 and meeting with oncologist June 5<sup>th</sup>. She will not be having any more infusions due to her reaction to them. Her last infusion was in March.

### **Contact info:**

121 Sperry Ln  
Red Oak, TX 75154-4055



## DAVID PETTUS

What is it like to live in Paradise? David Pettus has done just that for the past 26 years as he has made his home in Hawaii. So, how did a Waco boy get so lucky to find Paradise on earth? Follow along while Dave shares with us his journey through life after leaving Waco High. He has had a wonderful mate by his side during this journey and they are planning a trip to Texas in October providing this Coronavirus pandemic is controlled. Unfortunately his trip does not coincide with our reunion, but Dave still hopes to have a short visit with some of us while in Austin and Waco.



1960



current

A funny thing or two happened on the way to 2020.

I remember walking out of the coliseum on the night of our graduation, thinking, “I will probably never again see most of the people I saw almost every day for the last three years”, and that is pretty much how it has turned out. My first college years were at Denison University in Ohio. Grades would probably have been better if I had turned in more assignments, read more books and studied more for exams. After a year and a half, Denison and I agreed it was time for me to go out and learn from Real Life. So I tried selling magazines, encyclopedias and vacuum cleaners door to door in Columbus during the winter, then became a retail executive (well, manager of the department that sold men’s cologne and electric shavers) at a department store in Cincinnati. Indoor work at least, but on a trajectory to nowhere in particular. So I realized that the lesson Real Life had taught me was that a college degree would be helpful. Realizing that my Denison transcript would not be very impressive, I recalled a conversation with Waco classmates in which someone said the University of Houston “would take anybody”, so I went there - where I found truly excellent teachers, read the books and did the work I was assigned, and graduated on the Dean’s List.

Houston was good to me. While in school I started working as an announcer at a classical radio station and became a lecturer at the planetarium. Thought my path would be toward becoming an English professor; but after one semester as a paper grader for a freshman English class I realized that wasn’t going to be any fun. I was pondering this reality as I walked into the Planetarium one afternoon to narrate a show when the Director said, “Hey David, I just got a call from a planetarium that’s looking for a director”, and Linda and I soon found ourselves in Hutchinson, Kansas where I became the first director of their planetarium. About a year later moved to Baton Rouge to run the planetarium there. Nice work, but my deteriorating vision made for some challenges, so I got a Masters in Psychiatric Social Work at LSU, then went to California and joined a communal living experiment called [Lafayette Morehouse](#) from 1971 to 1994. Sherry (my partner since 1982) and I got lots of frequent flyer miles leading Morehouse seminars in sensuality, communication and interpersonal relationships around the U.S. and in Canada and England.

When Sherry's mom had a stroke, we flew to Hawaii to help care for her, and then found a beautiful 12-acre parcel on the Big Island where we have made our home since 1994. Within an hour of shaking hands to buy this land, we discovered that our new home town had a surprising treasure, the [Honokaa People's Theatre](#). The theatre, beautiful but usually empty, inspired us to invite a couple of classical musician friends to come play a concert, and that idea snowballed into the [Hamakua Music Festival](#) which ran until 2006 with classical, jazz, Hawaiian and rock concerts that helped pay for music teachers for the local schools and scholarships for island music students. We tried our hands at making a Hawaiian chili pepper jelly, sold that company, but still harvest and sell nuts from our macadamia trees.

I'm finishing a paper about the history of cannabis policy, and would be happy to email it to, and get input from, any classmates curious about marijuana policy.

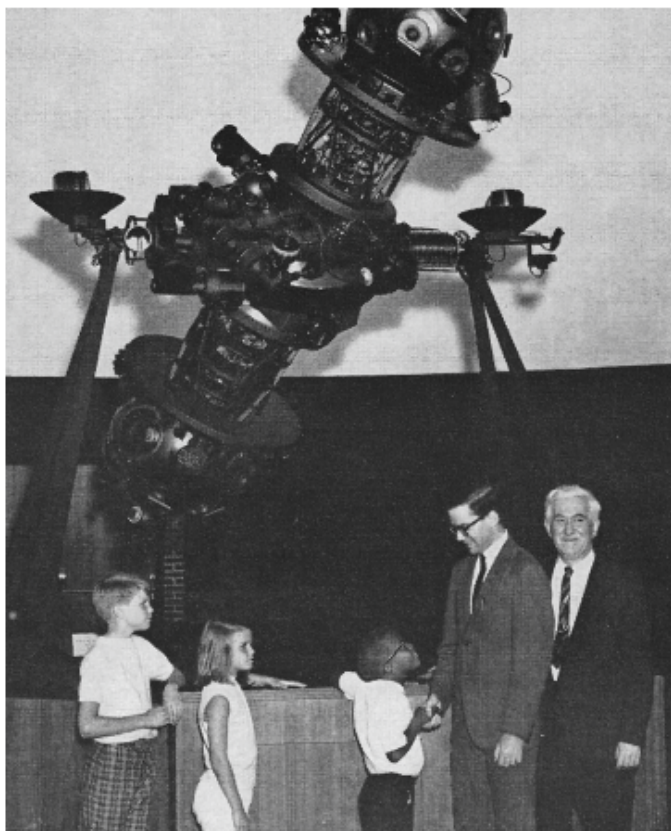
So grateful to be part of this amazing class, and hoping to connect with some in October!  
Mahalo nui loa (Thank you very much)

In Gratefulness,  
Dave

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Appx. 1947 with my younger brother and sister.



picture taken for 1968 article in the *Sky and Telescope* magazine  
David is greeting young visitors in front of the Zeiss projector.





Fast forward 50 years to 2018... In Athens with Dionysios Simopolous, who became Director of the Athens Planetarium and one of the most famous scientists in Greece after he started in the planetarium field as my assistant in Baton Rouge.



With Sherry, the brightest light in my life

(From the editor): Gayla Miller Webb can vouch for the great taste of Dave's macadamia nuts, so get your order in if you want some mailed to you.

## **Medical Corner**

We all have been using antibacterial wipes, but some folks have been using them incorrectly. Check out this site for suggestions on proper use.

<https://www.msn.com/en-us/lifestyle/lifestyle-buzz/10-mistakes-youre-making-with-antibacterial-wipes/ss-BB12hFqw?ocid=spartandhp>

1. Careful cleaning
2. Using it for more than one thing
3. Not reading the label
4. Flushing it down the toilet
5. Using it on your phone screen
6. Storing it improperly
7. Using it on wood
8. Using it on visibly dirty surfaces
9. Using it after its expiration date
10. Using it for kid's toys and pet bowls
11. Using it as your only cleaner

## **Wearing a mask correctly:**

✗ DON'T: Wear the mask below your nose.

✗ DON'T: Leave your chin exposed.

✗ DON'T: Wear your mask loosely with gaps on the sides.

✗ DON'T: Wear your mask so it covers just the tip of your nose.

✗ DON'T: Push your mask under your chin to rest on your neck.

✓ DO: Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin. Do your best to tighten the loops or ties so it's snug around your face, without gaps.

**After figuring out the correct position for wearing your mask, follow these tips to stay safe:**

Always wash your hands before and after wearing a mask.

Use the ties or loops to put your mask on and pull it off.

Don't touch the front of the mask when you take it off.

For apartment dwellers, put the mask on and remove it while inside your home. Elevators and stairwells can be high-contamination areas.

Wash and dry your cloth mask daily after wearing and keep it in a clean dry place.

Don't have a false sense of security.

**June Birthdays:**

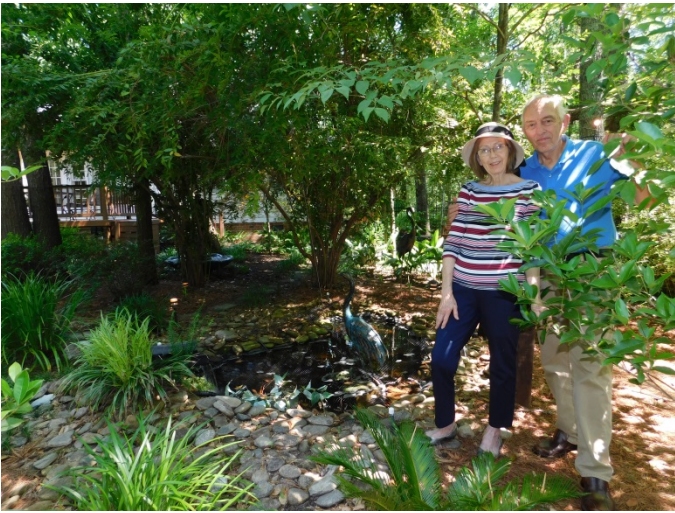
7 Janice and Joyce Player

11 Dorothy Bryan McCook

[www.whs60.org](http://www.whs60.org)

**PICTURES:**

David Dibb and wife Anita have their own piece of paradise in Florence, South Carolina. What a nice place to quarantine. Such serenity.



### **HUMOR:**

I was married by a judge. I should have asked for a jury. - Groucho Marx

My wife has a slight impediment in her speech. Every now and then she stops to breathe. - Jimmy Durante

I have never hated a man enough to give his diamonds back. - Zsa Zsa Gabor

Only Irish coffee provides in a single glass four essential food groups: alcohol, caffeine, sugar and fat. - Alex Levine

My luck is so bad that if I bought a cemetery, people would stop dying. - Rodney Dangerfield

Money can't buy you happiness.... But it does bring you a more pleasant form of misery. - Spike Milligan

Until I was thirteen, I thought my name was SHUT UP. - Joe Namath

I don't feel old. I don't feel anything until noon. Then it's time for my nap. - Bob Hope

I never drink water because of the disgusting things that fish do in it. - W. C. Fields

We could certainly slow the aging process down if it had to work its way through Congress. - Will Rogers

Don't worry about avoiding temptation. As you grow older, it will avoid you. - Winston Churchill

Maybe it's true that life begins at fifty ... but everything else starts to wear out, fall out, or spread out. - Phyllis Diller

By the time a man is wise enough to watch his step, he's too old to go anywhere. - Billy Crystal

The cardiologist's diet: - If it tastes good, spit it out.



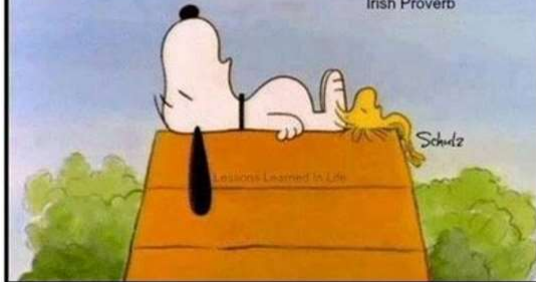
20 years later and  
all of these things  
fit in your pocket.



I BOUGHT A LITTLE  
BAG OF AIR TODAY;  
THE COMPANY THAT  
MADE IT WAS KIND  
ENOUGH TO PUT  
SOME POTATO CHIPS  
IN IT AS WELL.

A good laugh and a long sleep are the  
two best cures for anything.

Irish Proverb



Me: (sobbing my heart  
out, eyes swollen, nose  
red)...I can't see you  
anymore... I am not  
going to let you hurt  
me like this again!

Trainer: It was a sit up.  
You did one sit up.

**When you are dissatisfied  
and would like to go back to youth,  
think of Algebra.**



**Day 25 of quarantine.  
All that is left in the pantry is  
Vienna sausages and jello.**

Last year we said,  
"Things can't go on like  
this," and they didn't,  
they got worse.



**Will Rogers**  
American actor  
(1879-1935)

QuoteHD.com