



### FROM THE EDITOR:

I am sure many of you are techier than I. In fact, I would imagine most of you are techier than I. I have a word of caution for all of you, though. Following is a brief summary of an experience I had/am still having regarding an update.

On November 2, I was informed to get my iPhone updated or else I would lose my internet connection. I took my iPhone down to the ATT store for them to do it as I surely did not trust myself to do so. During the process, my phone got hung up in what they call a “boot loop”. The phone would do nothing: not even turn off or on. Therefore, it was impossible to complete the update or to stop the action and revert back to the way the phone was when I walked into the store. To make a very long and frustrating story short, I am still in the process of getting it corrected. I have been on the phone with APPLE many times for many hours each time, APPLE has sent me to the Best Buy Geeks more than once where I spent hours, and I have to wait for 24 **days** before I can begin to get any of my information restored...if I am able to do so at that time. I do not know how to “back things up” so there is a strong possibility that everything that was on my phone is lost. When the Geeks finally got me out of the “boot loop”, the big disadvantage was that everything I had on the phone was wiped off and the phone was restored to the way it was when it was purchased. Sometimes the phone will automatically back things up. That will be my only hope for retrieving anything. All my pictures, contacts, apps, texts could very well be lost forevermore. Some of them are irreplaceable as some of the pictures and texts on the phone are of/from individuals who are now deceased. I have been without a cell phone for weeks as Waco does not have an APPLE store. The nearest APPLE store is in Ft Worth which involves a 1½ hour trip to/from the APPLE store while traveling on I-35. Enough said!!

**A Word of Caution to you all.** Be most wary and cautious when getting an update. NEVER FORGET your APPLE password. It seems that if you forget, the more you try passwords that you think “might” be the correct one, the longer it will take for you to have the phone restored. They say this is for your security protection.

I was sent the joke below which depicts my sentiments. I do not know about the fellow in the joke, but afterwards I got a bottle of wine and started drinking to help calm myself down. At this point in time, I never plan to do another update and hopefully someone will show me an easy way to back up my phone. Good luck to all of you with your iPhones.

The irony of everything in my saga: ATT told me in the middle of the process that I did not even need the update. So, in the future for me, if it is between an update or use of the internet....I will just not have access to internet on my iPhone.



## **Trivia:**



The Daily Meal

### **50 foods that lower your risk of cancer:**

<https://www.msn.com/en-us/health/nutrition/50-foods-that-lower-your-risk-of-cancer/ss-AAFKnTP?ocid=spartandhp>

- |                     |                      |
|---------------------|----------------------|
| 1 almonds           | 27 Ginger            |
| 2 anchovies         | 28 Grapefruit        |
| 3 apples            | 29 Grapes            |
| 4 apricots          | 30 Kiwi              |
| 5 artichokes        | 31 Leafy greens      |
| 6 avocado           | 32 Lemons            |
| 7 beans             | 33 Mushrooms         |
| 8 beets             | 34 Oatmeal           |
| 9 bell peppers      | 35 Olive oil         |
| 10 blueberries      | 36 Onions            |
| 11 bok choy         | 37 Oranges           |
| 12 Brazil nuts      | 38 Peas              |
| 13 Broccoli         | 39 Pomegranates      |
| 14 Brussels sprouts | 40 Salmon            |
| 15 Cabbage          | 41 Sauerkraut        |
| 16 Carrots          | 42 Strawberries      |
| 17 Cheese           | 43 Sweet potatoes    |
| 18 Cherries         | 44 Tomatoes          |
| 19 Cinnamon         | 45 Turmeric          |
| 20 Corn             | 46 Walnuts           |
| 21 Cranberries      | 47 Watermelon        |
| 22 Dark chocolate   | 48 Whole wheat bread |
| 23 Dates            | 49 Winter squash     |
| 24 Egg yolks        | 50 Yogurt            |
| 25 Flaxseed         |                      |
| 26 Garlic           |                      |

### **Regarding our recently deceased graduates:**

**"This is heartbreaking. Ron and Rod were good friends of mine in school." Kay Phillips Sparks**

**"I am so sorry to hear about Ron's passing" Sharon McCarthy Odell**

**"I'm so sorry to hear of the deaths of two more of our graduates". Tommye Ruth Blair Toler**

**"So sorry to hear about Ron Sommer. The grim reaper is attacking our class!" Crozier Brown**

## **THINGS NOT TO THROW IN THE TRASH:**

**Batteries**  
**Paint**  
**Motor Oil**  
**Electronics**  
**Mercury Thermometers**  
**Prescription Drugs**  
**Florescent lightbulbs**  
**Lawn chemicals**

**Smoke Detectors**  
**Fireworks**  
**Tires**  
**Mothballs**  
**Asbestos**  
**Gasoline**

## **OLDEST AGGIE YELL LEADER:**

This bit of information is mainly for all our **Aggie** graduates but may be of interest to others as well.

**Bill Lonquist**, the oldest living Yell Leader at A&M, currently lives with his wife in an assisted living home in Southlake, TX. Back in time when Lonquist was enrolled at A&M, WWII broke out so he enlisted to fight for the cause. Following his return from service, Lonquist re-enrolled at A&M to complete his education. He was selected "Special Veteran Yell Leader" to help rally the fans for each game. Lonquist has been honored at A&M many times, has met President Bush at Kyle Field, and many current-day yell leaders still come to visit him each year when A&M plays Arkansas at the AT&T stadium in Arlington.

My brother-in-law, John Ryan, lives around the corner from **Melvin "Mad Dog" Robertson**. "Mad Dog" was a Defensive Coach for Texas A&M- 1972-1979. "Mad Dog" is considered to be one of the top defensive minds during the 1970s and 1980s. He led the Southwest Conference in defensive statistics while he was at A&M, was known for his blitz packages, and was recently honored at A&M for "all time defensive" coach during the Southwest Conference era. Even today, coaches frequently call him regarding his defensive knowledge. Coach Jimmy Johnson sought his advice when he was coaching the Dallas Cowboys toward their Super Bowl Runs.

My brother-in-law, in his retirement, was helping out at the nursing home and learned that Bill Lonquist was living there. Since my nephew, Patrick Ryan, is a graduate of A&M, John decided to get all three of these Aggies together for a visit and "photographic memory". Below are three different generations of Aggies:

**Patrick Ryan (2012)**   **Bill Lonquist (1948)**   **"Mad Dog" Robertson (1972-78 A&M defensive coach)**



**WHOOP**



**GIG 'EM AGGIES**



<https://www.aggienetwork.com/traditionsthroughtime/yellleaders.aspx>

(check out some of the old-timers doing their yells on the above site)

## From our Graduates:

Regarding John Davis:

**Tim Lasseter Latta:** "The chess set is fabulous."

**Stan Lennard:** "A wonderful Town Crier! Great art work, John. Glad you're still productive with multimedia, too."

**Kay Phillips Sparks:** "I enjoyed the article on John, learning more about his life during high school and finding out about his more recent journey. I was not aware that he was such an amazing artist. The chess set is really something!"

Regarding Robin Burnett Roe:

**Tommye Ruth Blair Toler:** "Robin made a very selfless decision and her parents are gracious to honor her wishes. It will benefit so many people."

(Tommye is a retired RN so she knows very well the importance of both decisions.)

**Sharon McCarthy Odell-** "I am heartbroken for Rita and Ed over the loss of their beloved daughter, Robin. What a wonderful legacy Robin left, that her final gift was an immeasurable act of generosity - the sharing of her organs with those who so desperately need them."

**Bev Murphy Wells:**

"How heart wrenching and sorrowful. It's hard to say goodbye to a dear loved one, but saying goodbye to a child would be the hardest to endure! I know Robin had to be special coming from such an endeared family. With being a donor, she lives on. My words are feeble to extend my heartfelt sympathy but nonetheless they are sincere. Heaven is richer!"

Regarding Betty Vaughan Willis:

**Pat Payne :** "Betty and her husband have led such honorable lives. So much to admire about Betty and what she accomplished in her 77 years."

**Malissa Ruth Starnes Baugh:** Betty's death makes me soooo sad! She was one of my very best friends and we carpooled to school together!

**Bev Murphy Wells:** "Saddened once again on losing another classmate. Betty Jo had a light that only she could shine. She had a servant's heart and her efforts will live on. My condolences to her family and may they be comforted knowing that she touched many lives who will always remember her."

Regarding Rick Rescarlo:

**Betty Luedeker Gatlin:** "Love this Jeanne. Have sent to my kids."

**Debbie Holland Ryan (sister to Jeanne):** "Wow, what a wonderful story and such an honor to be there. The video made me cry. We had so many heroes that terrible day. Thanks for sharing."

**Tommye Ruth Blair Toler:** "Rick Rescorla was truly a great American hero. He saved many, many lives with his final sacrificial act. Thank you Pat Payne for your testimony. It was an honor that you were invited to the White House for the awarding of the medal. Thank you for your service and thanks to all our grads who are veterans."

**Bev Murphy Wells:** "What a great story of living history for our country. Rick was born for such a time that was needed for our country. Thanks to Pat for his documentation and sharing. We can never thank our military and veterans enough for all that they give to our country and its people. May we never forget. May God bless Rick, his family, Pat, his family, our military, all veterans and may God continue to bless America!"

## Updates:

Please keep **Phyllis Brooks** on your prayer list. Phillis has been such a diligent fighter against cancer for so many years.

121 Sperry Lane  
Red Oak, TX 75154-4055

**Cynthia Kirkland Mazza** needs prayers. She is battling leukemia which seems to be an up/down ... good day/bad day situation.

116 Hampton Ridge  
Madison, MS 39110

**David Peebles** is on Hospice care. He stopped his treatments and is in the process of selling his houses.

**Linda Shelby Lyons** has temporarily moved to an assisted living home in Beaumont. She is trying to regain her strength so she can return to Waco. Linda misses her cats and hopes they will remember her as she has been away for 3 months. Linda will have a surgical procedure on her throat on December 3 to help with swallowing. Hopefully she can return to Waco around December 7.

c/o Diana Waggoner  
7935 Laurelwood Street  
Beaumont, TX 77707

*There must have been some kind of "strength-potion" in our drinking water at WHS. We have so many tremendously strong graduates who have been fighting some very tough battles with cancer! More power to them all and God Bless them!!!*

## December Birthdays:

9/10-	Sondi Nelson Pace
13-	Jerry Causey
14-	Peggy Wake Thyfault
16-	Chinky Johnson
24-	Hal Johnson
26-	Howard Dudgeon
	Joan Beaty Settle
28-	Gayla Miller Webb
31-	Elizabeth Bentley
	Gwen Ewing Hodges



## Beverly (Bev) Murphy Wells



1960



Present

This month features one of our most traveled graduates. Bev cannot seem to stay in one place too long or else she gets Wanderlust---and, off she goes again...to experience new adventures, to see new places, and to meet new people. Bev said she does not like to talk about herself so to tell about her life since graduation was somewhat of a challenge. She said she much prefers to learn about other people or to talk about her children. We are so glad she met the challenge of sharing her story with us. I have a feeling that she has always been able to meet the challenges and come out on top. Bev feels she has had a good life and is thankful for all her family and friends. One thing is certain: she stays busy and has a good time. I really think she needs more than 24 hours in each day to get accomplished and experience everything that she wants to do and see.

After graduation from Waco High, Bev attended Four Star Business College (also known as Four C) in Waco. After completion of their program, she worked at LL Sams Manufacturing Company in Waco until she got married and moved to Indianapolis, Indiana. In Indiana, she became employed with Eli Lilly and Company in 1962 and worked there until she was five months pregnant. Back in the 60's at Lilly, it was mandatory for a woman to leave work at 5 months of pregnancy. In 1964 Bev had her son, David, and in 1966 she had her daughter, Darla KayLee. Bev was a stay-at-home mom for 14 years and considers that to be the most important job she ever had. In 1978 she went back to work for Lilly and remained there for 30 years until she retired in 2005.

During Bev's career at Lilly there were many different and various areas in which she worked. Some of those included Personnel, International, Liquid Ointment, Insulin, Formula Control, Data Entry, Engineering, Legal, Chemical Process and Biosynthetic Human Insulin. Bev moved all over the company including working in different plant sites. All of this allowed her to acquaint herself with all aspects of Lilly which is well-known as being a highly respected company intent on making medicines to help people live longer, healthier, and more active lives. Every Director who Bev worked with ended up being either a Vice-President or Executive Vice-President. She also had the privilege of attending Indiana University-Perdue University Indianapolis (IUPUI) while employed with Lilly. In Bev's words, "**Here was a little hick girl from Texas working in the big city for a world renowned pharmaceutical company when many PhD's were being turned away**".

Bev has lived in the Indianapolis area for 57 years this past August 2019. In the winter, Bev usually spends her time in Florida because she explains, "**I don't do cold any more**". This year in 2019 she was at Sun City Center, Florida but next year she plans to be at The Villages, Florida.



Bev's hobbies are many and quite varied. This year she took up pickleball which has become a huge sport for seniors. Bev says it is **"not a power sport but a fast sport."** Bev also enjoys line dancing, clogging, water aerobics, swimming, and golf. She started playing golf about 33 years ago and belongs to several golf leagues. She explains that she **"is not a scratch golfer but loves the sport, both playing and watching it."** She has played golf with our golfing graduates each reunion that she has attended.

As for clogging, Bev has clogged for about 10 years. This is similar to tap dancing. Her clogging group is called the "Still Kickins" and they perform for two weeks every August at the State Fair of Indiana. Her clogging group ages from 55-90 years. There are two 90 year-olds and several 80 year-olds. They dance to all kinds of music-- country western, pop, rock and roll, Irish, and all kinds of medley dances. They have to **"remember the steps to about 16 dances and each dance has anywhere from 60-120 steps** so she explains that **"accumulates to about 1K steps"**. She quipped, **"I have to tell my 77 year-old mind to tell my 77 year-old feet to tap dance."** Bev believes clogging is really good for one's memory and coordination. Her clogging group also gets a lot of gratification from their efforts at the Fair as there is usually a standing-room-only audience who gives them a standing ovation at the end of each performance.

Now, if that has not worn you out, here come her travels. Bev loves to travel and has been to every state in the USA except for 7 (Oregon, Washington, North/South Dakota, Wisconsin, Iowa and Nebraska) all of which she still plans to visit. She wants to encourage anyone going to the DC area to visit the Holocaust and Bible Museums. Bev said she is able to visit DC and NY about every other year since her daughter lives on the east coast. Bev has traveled throughout Europe. Last year's travels included France, Belgium, The Netherlands, Czech Republic, Austria and Germany. She has been on several Caribbean cruises covering the Southern, Eastern and Western Caribbean destinations. In August of this year she and her children went to the British Isles. They arrived in Dublin and after a week of touring around that area, flew to Scotland to visit the area from where her mother's side of the family immigrated. She said they wanted to find the village that had been inhabited by her ancestors. From Scotland, they took a train to London and visited there for a couple of weeks. They were gone a total of one month. In February 2020, she and her children plan to go to Israel along with a trip to Petra with the Mike Huckabee entourage. Bev said this Israel trip has **"been on my Bucket List for years!"**

Next is Bev's volunteer work. She has volunteered for several years with the USO at one of the military bases in Indiana, at the Indianapolis airport, and at local assisted living facilities. Sometimes her clogging group goes to these facilities to perform. Bev has been involved with Bible Study Fellowship for 26 years and is very involved with her church in Indiana.

Bev said she will always miss Texas...that once a Texan, always a Texan. Through the years, Bev, Rik and Judy Spencer had lunch together. So often they met at the same time our WHS 60 quarterly lunches met. With Rik's death this past June, Bev and Judy will probably continue the tradition. Bev stays in touch with Jared and Lynette Muchow Baugh of Waco. Bev said she has known Lynette for 71 years (ever since first grade). Bev loves coming to our reunions and seeing everyone...and, of course, playing golf with the WHS golfers. She is hoping to see everyone in 2020 for our 60<sup>th</sup> reunion.

Bev's son, David lives in Charlotte, North Carolina and her daughter, Darla, lives in West New York, New Jersey. David usually manages all of Bev's travel plans. She said, **"All I have to do is pack a bag! How fun is that!"**

In closing, Bev offers these tidbits about herself:

"What I miss most about Texas are the Bluebonnets, Indian paint Brush, and Crepe Myrtle trees  
Waco Sunsets and wide highways

Great BBQ Brisket

Good looking cowboys and feisty cowgirls

And last but not least—good friends and unforgettable memories.

Thanks to all of you for being who you are and special in your own delightful way."

Bev at the Blarney Castle in Ireland.



Bev with her children

St Andrews Golf Course



Still Kickin' Cloggers





## **Pictures:**

**Judith Hamff Murphy:** "In late September/early October I had my first adventures in traveling solo. I had two wonderful tours of the country roads and small towns in Ireland and Scotland. The first tour in Ireland was especially enjoyable with 36 travelers including 12 women traveling alone or with one other female friend. We had 5 women from the U.S. /4 from Australia/3 from Canada. I'm attaching a photo of myself with one of my Canadian travel buddies.

I'm also sending a photo from Loch Ness. No, I didn't see Nessie but neither did anyone else. As you can see the weather was a challenge for this San Diegan--low 50s and rain almost every day in both countries. Beautiful countryside everywhere!!"



**Patty/Pat Payne** at the entrance of the East Room in the White House. They were recently there for the presentation of the Presidential Citizens Medal posthumously to Rick Rescorla. Rick's widow, Susan, accepted the medal.



[www.whs60.org](http://www.whs60.org)

**TOP WHS GRADUATES:** These were the top 6 graduates of our 1960 class. Stan Lennard was #1. Hopefully Hugh Wilfong or Kathryn Dodson will share more information with us. We are waiting and listening. Who knows more.....???



**Quarterly Luncheon:** We had such a wonderful attendance (31 graduates) for the November 12 luncheon. Several had never attended: Janene Loftis Jett, Gayla Miller Webb, Cathey White Land, Anitra Harrell Hennion, and Lana Neil Zahirniak. People came from Houston, Tyler, Austin, Georgetown, Cleburne, Dallas, San Antonio, Harker Heights, Temple, and Waco. It was a very cold day but oh so great for Mexican food!

Below are some photos taken:











**Bob Easter** had these words to say about the luncheon:

“Feeding our souls. Yesterday was time out to renew friendships which extend back seventy years to Elementary school and before. Every three months this ever-changing group of loving old classmates meet in Waco for a luncheon to keep the ties that bind us strong. We have known wonderful successes and happiness too. Now our bodies have missing parts, aches, and we face health issues, yet we come to hug, listen and uplift. We grieve for those who have already passed and openly pray for those who now have life threatening diseases. Like an old saddle weathered from too many trails, our skins are wrinkled but our souls are connected to a higher Spirit. We listen intensely to a friends’ pain of losing a spouse and hear stories of others who are in nursing care. How did it happen so fast? Where did the years go when we were rushing to accumulate things and raising a family? Now, like a dream it is almost over, and we all realize the path is so short. Yet, we come, with love, laughter and an unbreakable tie that will carry us forever together. Our soul is now at peace. It has been fed with deep loving friendship time. May today bring you Blessings and Happiness. Reach out to others and touch their hearts with your Love.”

## **Jokes:**

I just did a week's worth of cardio after walking into a spider web.

I don't mean to brag, but I finished my 14-day diet food supply in 3 hours and 20 minutes.

Senility has been a smooth transition for me.

I love being old, I learn something new every day and forget 5 others.

Just remember, once you're over the hill you begin to pick up speed.

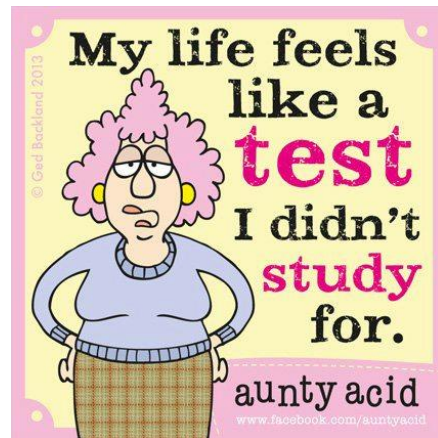
I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.

Did you ever notice: The Roman Numerals for forty (40) are XL.

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.



ONE WAY TO FIND OUT IF YOU  
ARE OLD IS TO FALL DOWN IN  
FRONT OF A LOT OF PEOPLE. IF  
THEY LAUGH, YOU'RE STILL  
YOUNG. IF THEY PANIC AND  
START RUNNING TO YOU,  
YOU'RE OLD.



🎄 MERRY CHRISTMAS 🎄

&

HAPPY  
NEW YEAR